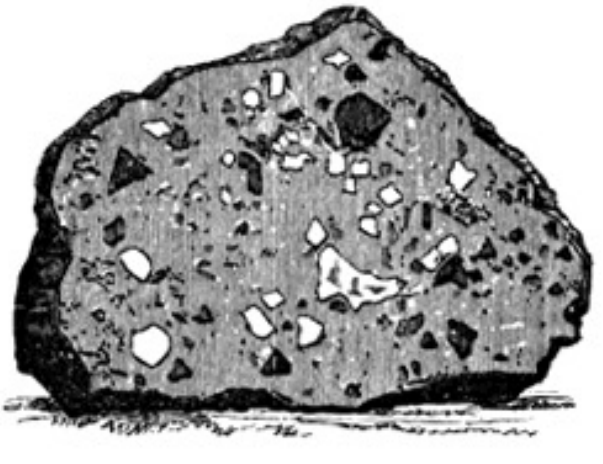Meteors and Meteorites